

## **Resources for LGBTQ+ Affirming Care:**

The resources in this document have been compiled by colleagues at UIC's Institute for Research on Race and Public Policy. The hope is that this document offers further insight and applied learning regarding best practices in affirming care for LGBTQ+ migrants, and to also highlight several community organizations in Chicago that have been providing services to LGBTQ+ communities throughout the metropolitan area.

It's important for us to note that while the two handbooks linked below speak specifically to affirming practices for LGBTQ+ migrants, refugees and asylum seekers, the community organizations highlighted offer services and trainings to LGBTQ+ community at large, and it will therefore be important for the recipients of this document to determine which of the services listed are applicable to their specific working contexts with LGBTQ+ migrants.

### **Best Practices Manuals:**

As stated above, these two manuals provide comprehensive suggestions/recommendations for intervention strategies when working with LGBTQ+ migrants, refugees and asylum seekers.

Best Practice Guide: Supporting LGBT Asylum Seekers:

[https://assets2.hrc.org/files/assets/resources/LGBT\\_Asylum\\_Seekers\\_FINAL.pdf](https://assets2.hrc.org/files/assets/resources/LGBT_Asylum_Seekers_FINAL.pdf)

UNHCR Integration Handbook: LGBTQ+ Refugees

<https://www.unhcr.org/handbooks/ih/age-gender-diversity/lgbtiq-refugees>

### **Medical Care, Assessment, Treatment:**

Howard Brown Health:

- Trans and Non-binary Health
  - Gender Affirming Care brochure: [https://howardbrown.org/wp-content/uploads/2023/10/GenderAffirmingCare\\_brochure.pdf](https://howardbrown.org/wp-content/uploads/2023/10/GenderAffirmingCare_brochure.pdf)
  - Hormone Therapy: <https://howardbrown.org/services/tnb-hormone-therapy/>
- HPV and Anal Health: <https://howardbrown.org/service/hpv-and-anal-health/>

Project Vida:

- Preventive Care: <https://projectvida.org/prevention/>

Puerto Rican Culture Center

- VIDA/SIDA HIV Prevention Program: [carmeng@prcc-chgo.org](mailto:carmeng@prcc-chgo.org)

### **Case Management, Social Work, Legal services, Socioemotional Care:**

#### Howard Brown Health:

- Name Change Roadmap: <https://howardbrown.org/tgd-legal-change-roadmap/>
- Trans and Non-binary Support Groups: <https://howardbrown.org/service/support-groups-and-workshops/>
- Support Groups and Workshops: <https://howardbrown.org/service/support-groups-and-workshops/>
- Therapy Groups: <https://howardbrown.org/service/group-therapy/>
- Telehealth options: <https://howardbrown.org/patient-resources/telehealth/>

#### Broadway Youth Center:

<https://howardbrown.org/service/broadway-youth-center/>

#### Project Vida:

- Wellness: <https://projectvida.org/wellness-center/>
- Holistic/Wraparound care mechanisms: <https://projectvida.org/care/>

#### National Immigrant Justice Center:

- Legal Services for LGBTQ+ Immigrants: <https://immigrantjustice.org/services/legal-services-lgbtq-immigrants>
  - Recommendations for care: <https://immigrantjustice.org/node/1247>

#### Center on Halsted:

- LGBTQAI+ Competency Training: <https://www.centeronhalsted.org/trainings/>
- Behavioral Health Services: <https://www.centeronhalsted.org/behavioralhealth.html>

#### La Casa Norte:

- Health and Nutrition: <https://www.lacasanorte.org/healthnutrition>

#### Nourishing Hope:

- Mental Health Services: <https://www.nourishinghopechi.org/mental-wellness-services/>

Research and/or contact the following orgs:

- Broadway Youth Center

#### Puerto Rican Cultural Center:

- The Lisa Izadora-Cruz Trans Empowerment Center: [dezaraerodriguez@prcc-chgo.org](mailto:dezaraerodriguez@prcc-chgo.org)
- El Rescate: [zenaidal@prcc-chgo.org](mailto:zenaidal@prcc-chgo.org)